



RIVERBANK COMMUNITY WELLNESS CENTER

114 Riverbank St. Burlington, NJ 08016

Program Coordinator: Michael: 609-480-6845

Transportation: Mike Z: 609-462-3611

Sunday 1-5 pm	Monday 3-7:30 pm	Tuesday 5:30-7:00 pm	Wednesday 9:30-11:30am 3-7:30 pm	Thurs closed	Friday 1-5 pm	Sat 12:30-5 pm
					1 Cathedral Kitchen Centerpieces	2 Art Therapy
3 Gratitude Mosaics	4 Cherry Hill Mall	5 Satellite TBD	6 AM: Green Acres Park PM: Healthy Hygiene	7	8 Yoga & Tai Chi	9 Cognitive Behavioral Therapy
10 Philadelphia Zoo	11 Process Group	12 Satellite TBD	13 AM: Rancocas Park PM: WRAP	14	15 Yoga & Tai Chi	16 Game Day
17 Fall Craft	18 Art Therapy	19 Satellite TBD	20 AM: Riverbank Park PM: Hearing Voices	21	22 SJ Food Bank Healthy Cooking	23 Stress Management
24 BINGO!	25 Holiday Wheel of Fortune	26 Satellite TBD	27 AM: Pennington Park PM: Men's & Women's Group	28	29 Closed	30 Closed