

# April

## RIVERBANK SELF HELP CENTER




114 Riverbank St. Burlington, NJ 08016

Program Coordinator: Michael: 609-480-6845

Drivers: Mattie: 609-571-5191 (M,W,Su)

Ted: 609-322-0008 (M,W,Su)

Chris: 609-462-3611 (Fri)

Sunday 1-5 pm	Monday 3-7 pm	Tuesday 5-6 pm	Wednesday 3-7 pm	Thurs closed	Friday 1-5 pm	Sat close
	<b>1</b> <b>Improving Spiritual Wellness</b>	<b>2</b> <b>Zoom Group</b>	<b>3</b> <b>Men's and Women's Group</b>	<b>4</b>	<b>5 Shopping Trip</b> 	<b>6</b>
<b>7</b> <b>Learning Adult Sign Language</b>	<b>8</b> <b>Bowling Trip</b>	<b>9</b>	<b>10</b> <b>WRAP Scrap</b>	<b>11</b>	<b>12</b> <b>BCLS Technology Training</b>	<b>13</b>
<b>14</b> <b>Glam and Games</b>	<b>15</b> <b>Healing Through Horticulture</b>	<b>16</b> <b>Zoom Group</b>	<b>17</b> <b>Rutgers SNAP-Ed</b>	<b>18</b>	<b>19</b> <b>Yoga &amp; Tai Chi</b>	<b>20</b>
<b>21</b> <b>Earth Fair at Smithville Park</b>	<b>22</b> <b>Paint Night</b>	<b>23</b>	<b>24</b> <b>Emotions in Motion</b>	<b>25</b>	<b>26</b> <b>Sensory Cooking</b>	<b>27</b>
<b>28</b> 	<b>29</b> <b>Yoga &amp; Tai Chi</b>	<b>30</b> <b>Zoom Group</b>	"There are always flowers for those who want to see them." – Henri Matisse		 <b>AUTISM AWARENESS</b>	