



August 2019

114 Riverbank, Burlington, NJ 08016 * RiverbankSHC.com
 Cindy: 609-239-1786 (Center phone) or 609-480-6845 (cell)
 Drivers: Michael: 609-462-8325 Nelly: 609-240-6331
 Call/text drivers Weekdays 12-2 pm or Saturday 6-8 pm for transportation

Sunday 12-4 pm	Mon close	Tue close	Wednesday 4:00-8:30pm	Thursday 4:00-8:00pm	Friday 4:00-8:00pm	Sat close
 MORNING  DAY  EVENING			Wake up with determination. Go to bed with satisfaction.	1 Financial Skills	2 <i>Trip to Library</i> BC Amphitheater Concert The Deck Band	3
4 <i>Trip to Wells Fargo Center</i> Philly Soul Playoff Game	5	6 <i>Virtua Willingboro Hospital Outreach</i>	7 Hearing Voices, Guided Imagery	8 Recreational Therapy, Life Coaching	9 Yoga/Tai Chi	10 <i>Ancora Hospital Outreach</i>
11 <i>Trip to Willingboro</i> Jazz Festival	12	13	14 WRAP, Social Skills	15 Community Resources and Supports	16 Yoga/Tai Chi	17
18 SMART Recovery	19	20 <i>Virtua Willingboro Hospital Outreach</i>	21 Hearing Voices, Artz in Action	22 <i>Center Closed</i> SCAC/COMHCO Picnic	23 Nutrition and Cooking	24
25 All About You	26	27	28 Men's & Women's Groups	29 Sports Night at Riverbank	30 Recovery Library	31