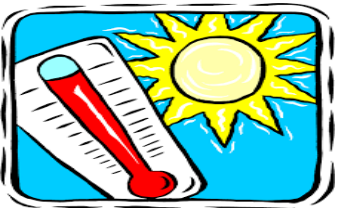






July 2019

114 Riverbank, Burlington, NJ 08016 * RiverbankSHC.com
 Cindy: 609-239-1786 (Center phone) or 609-480-6845 (cell)
 Drivers: Michael: 609-462-8325 Nelly: 609-240-6331
 Call/text drivers Weekdays 12-2 pm or Saturday 6-8 pm for transportation

Sunday 12-4 pm	Mon closed	Tue closed	Wednesday 4:00-8:30pm	Thursday 4:00-8:00pm	Friday 4:00-8:00pm	Sat close
	1	2	3 Hearing Voices, Guided Imagery	4 <i>Center closed</i> 	5 <i>Center closed</i> 	6
7 <i>Trip to Philly</i>  Hispanic Fiesta at Penn's Landing	8	9 <i>Lourde's Hospital Outreach</i>	10 Trauma Group, All About You	11 Life Coaching, Games	12 Yoga/Tai Chi	13 <i>Ancora Hospital Outreach</i>
14 Leisure Planning	15	16	17 Hearing Voices, Artz in Action	18 Recreational Therapy	19 <i>Trip to Library</i> BC Amphitheater Dance Concert Soul Collective	20
21 Yoga/Tai Chi	22	23 <i>Lourde's Hospital Outreach</i>	24 Gratitude, Nutrition & Wellness	25 Men's & Women's Groups	26 Arts & Crafts	27
28 Living Life to the Fullest	29	30	31 WRAP, SMART Recovery		<i>What you do today can improve all your tomorrows. - Ralph Marston</i>	