

FROM NORTHERN NEW JERSEY:

Take the Garden State Parkway to Exit 98. Take Route 34 South 1.8 miles to the first traffic circle. Go three-quarters of the way around the circle and make a right onto Route 524 East (Allaire Road). Continue on Route 524 East into Spring Lake (4.8 miles) to the beach. Make a right onto Ocean Avenue continue for eight blocks to the club.

FROM NEW BRUNSWICK AREA:

Take Route 18 to the Garden State Parkway South and follow directions above (from North Jersey).

FROM TRENTON AND WESTERN NEW JERSEY:

Take I-95 East until the end when it becomes Route 138. Continue on Route 138 until it ends and bear right on Route 35 South at Belmar. At the second traffic light, make a left onto Route 524 East/Allair Road (at PJ's Car Wash). Continue on Route 524 East into Spring Lake (4.8 miles) to the beach. Make a right onto Ocean Avenue continue for eight blocks to the club.

FROM SOUTHERN NEW JERSEY:

Take the Garden State Parkway North to Exit 98. Take Route 138 East. Follow directions above (from Trenton and Western New Jersey).