

## **PROVIDENCE HOUSE**

## **Domestic Violence Services** of Ocean County

Providence House Domestic Violence Services seeks to end the cycle of domestic abuse through education, empowerment, and advocacy while providing a safe haven from abuse. In accordance with our mission, we provide comprehensive services to educate and empower victims of domestic abuse and their children to make the life-altering changes that lead to violence-free lives.



Providence House envisions peace and non-violence in all homes.

Established in Ocean County in 1986, Providence House seeks to remove the barriers that prevent a victim of domestic violence from living an abuse-free life. These barriers are often created by the lack of knowledge about domestic violence, unstable financial and housing resources, the fear for one's safety, social isolation or low self-esteem.

Through our services, Providence House empowers victims to break down the barriers and to make life-altering changes. Separation from abusive individuals, a change in living arrangements, filing of restraining orders, drawing boundaries, or becoming aware of the options are all ways in which Providence House assists victims on a daily basis. These services are FREE OF CHARGE and are invaluable to victims and their children who are struggling to break free from the abuse in their homes.

We offer a multitude of services to victims and their children as well as to the community.

## **OUR FREE AND CONFIDENTIAL SERVICES INCLUDE:**

**24-Hour Domestic Violence Hotline** — For victims and their children in need of crisis counseling and/or a safe haven from abuse, as well as information, appointments and referrals.

**Emergency Safe House** — Confidentially located emergency Safe House that enables victims and their children to escape danger and to begin the healing process.

**Individual Counseling** — By appointment, offers intensive individual counseling including support, options, education and therapeutic intervention.

**Domestic Abuse Support Groups** — Provides multi-week educational sessions on the dynamics of abuse, including healthy relationships and boundaries.

Project Self-Sufficiency — Helps victims to acquire and maintain permanent violence-free housing and provides education and training job readiness and community resources.

**Children's Counseling** — Uses various forms of art and play to help children express their feelings and heal from the abuse in their homes (available at Safe House only).

**Project REACH** — Recognizes the unique obstacles faced by older victims of domestic violence such as long time spouse abuse or abuse by grown children.

PALS (Peace: A Learned Solution) — Helps children ages 3-12 who have been exposed to domestic abuse to heal through various forms of creative arts.

**Legal Advocacy Program** — Offers court accompaniment and support to victims, as well as advocacy and referrals.

Community Education — Encourages prevention and promotes awareness of the forms of domestic abuse through presentations at health fairs, businesses, schools, community events and organizations.

Domestic Violence Response Team — Provides training, supervision, and guidance to teams of community volunteers who speak to victims immediately following a domestic violence incident at the local police station or hospital.

**Domestic Violence Liaison Program —** Provides on-site case consultation, support and advocacy at area Division of Child Protection and Permanency offices for non-offending parents who are victims of domestic violence.

**Providence House Domestic Violence Services** 88 Schoolhouse Road, Suite 1, Whiting, NJ 08759 732-350-2120

24-Hour Hotline: 800-246-8910 or 732-244-8259

To partner with Providence House by volunteering or by making a financial contribution, call 732-350-2120.

CatholicCharitiesTrenton.ora





